



# PushYourself

Commercial Equipment / Elliptical Trainers

## KH-3060 Commercial Elliptical Trainer

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### Drive

- Rear Drive and handle arms enable sustain, smooth and engaging exercise, regardless your fitness level
- Ergonomic multi position dual action handle bars
- Large & impact-absorbing pedals (with gel pads) provide gentle movement to reduce lower back stress
- Self-powered system, low maintenance design & space-saving deliver a fast return of investment
- Power : Generator
- Resistance level : 20

### Monitor

- Heart rate control programs provide user a challenging training
- Multi readout summarizes workout result every minute, displays time used, distance covered, burned calories, watt and mets achieved.
- Reliable sweat-proof construction keeps console in demanding commercial environment

### Special Features

- Offers various motivating programs for different workout requirements
- Large LED's and intuitive keystroke permit easy to operate interface for change and monitor
- Quick start key allows commencing exercise with a touch of a button
- Display function is switchable for feedback of Level, Watt, Mets and Pulse
- Cup holder with towel handle
- Maximum User Weight : 180 Kgs

