



**# PushYourself**

Commercial Equipment / Strength Training / Optima (DFT) Series - Selectorized Station

## DFT-690 Bicep / Tricep

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### Specifications

- L x W x H : 110 x 114 x 163 CM
- Weight Stack : 175 lbs.
- Heavy duty 2.5mm thick steel square tube of size 50mm x 100mm.
- Black powder coated finish with strong double stitched upholstery.
- Nylon Pulley with heavy duty cable.

