



**# PushYourself**

Strength Training / Barbells & Handles

## IR-101 Competition Olympic Bar

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### Specifications

- Net weight : 20 kgs.
- 7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality nickel chrome finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter : 28mm.
- Sleeve diameter : 50mm.
- Shaft length : 51.5".
- Sleeve length : 15.2"
- Max. load capacity : 907 kg / 2000 Lbs.

